

ASHBOURNE DUATHLON 08

12K run - 40K bike - 4K run

Pos	CP	Name	Club / Team	Cat	Pos	Run 1	Pos	Bike	Pos	Run 2	Finish
1	1	Joel Jameson	2XU TFN RT	M Snr	1	00:43:24	1	01:06:00	2	00:13:00	02:02:24
2	2	Mark Couldwell	2XU TFN RT	M Snr	2	00:43:24	3	01:08:03	7	00:13:58	02:05:25
3	3	Daniel Corner	Shorter Rochford Exclusive Ranges	M Snr	3	00:44:20	2	01:07:44	6	00:13:55	02:05:59
4	4	Paul Mountford	Black Country Triathletes	M Snr	9	00:46:17	4	01:08:43	12	00:14:20	02:09:20
5	5	Justin Webb	London Dynamos	M Snr	5	00:45:37	9	01:11:43	1	00:12:19	02:09:39
6	6	Chris Nicoll	Derby Tri Club	M Snr	8	00:46:04	8	01:11:29	11	00:14:20	02:11:53
7	7	James Brown	Met Triathlon Club	M Snr	7	00:45:50	18	01:13:09	4	00:13:28	02:12:27
8	1	Team Butler		Relay	24	00:49:30	5	01:09:04	10	00:14:16	02:12:50
9	8	Peter Swaine	2XU TFN RT	M Snr	6	00:45:37	27	01:14:17	3	00:13:15	02:13:09
10	9	JASON BENNIMAN	Brighton Phoenix	M Snr	12	00:47:25	15	01:12:32	8	00:14:07	02:14:04
11	10	Gordon Irvine	None	M Snr	4	00:45:27	30	01:15:32	5	00:13:40	02:14:39
12	11	Mike Jubb	TriForce	M Snr	14	00:47:41	11	01:12:16	18	00:14:43	02:14:40
13	12	David Chapman	Team MK	M Snr	17	00:47:54	17	01:13:00	13	00:14:40	02:15:34
14	13	Johnny Stephens	Worcs Tri Club	M Snr	15	00:47:41	20	01:13:13	23	00:14:51	02:15:45
15	2	Team Deuno		Relay	25	00:49:30	14	01:12:32	9	00:14:10	02:16:12
16	2	neil mercer	GMC FIRE SERVICE	M Vet	39	00:51:29	6	01:10:11	16	00:14:42	02:16:22
17	1	Chris Taylor	Berkshire Tri Squad	M Vet	23	00:49:26	10	01:12:14	15	00:14:42	02:16:22
18	1	Peter Wheddon	BAD Tri	M 50+	31	00:51:06	7	01:10:25	32	00:15:20	02:16:51
19	14	Ian Tivey	Cambridge Triathlon Club / Ironhead	M Snr	13	00:47:32	22	01:13:48	53	00:16:05	02:17:25
20	15	Mark Shaw	Boneshakers RT	M Snr	26	00:49:30	19	01:13:11	20	00:14:49	02:17:30
21	16	terry greenwood	Scarab	M Snr	21	00:48:50	28	01:14:17	14	00:14:41	02:17:48
22	17	Andrzej Bojarski	Hemel Hempstead CC	M Snr	36	00:51:20	13	01:12:27	26	00:15:02	02:18:49
23	18	Matt Shillabeer	The Endurance coach	M Snr	27	00:50:02	24	01:14:09	25	00:14:58	02:19:09
24	19	Richard Hamilton	Leeds & Bradford Tri Club	M Snr	35	00:51:20	12	01:12:26	44	00:15:46	02:19:32
25	20	Tom Williams	Leeds & Bradford Tri	M Snr	40	00:51:44	16	01:12:39	35	00:15:29	02:19:52
26	3	Karl Proctor	Matlock CC	M Vet	32	00:51:06	23	01:13:53	27	00:15:07	02:20:06
27	4	Matthew Rowley	Oxford Tri	M Vet	28	00:50:09	33	01:16:04	37	00:15:34	02:21:47
28	21	Jacob Manning	Derby Tri Club	M Snr	37	00:51:20	29	01:15:10	31	00:15:18	02:21:48
29	22	Stewart Bates	TFN Tri Club	M Snr	34	00:51:09	31	01:15:55	33	00:15:23	02:22:27
30	23	Jimmy George	Team VO2	M Snr	20	00:48:42	40	01:17:48	91	00:17:22	02:23:52
31	5	Hanno Nickau	Oxford Tri	M Vet	79	00:54:55	21	01:13:22	46	00:15:49	02:24:06
32	2	Brian Swindell	2XU TFN RT	M 50+	30	00:50:31	42	01:18:19	39	00:15:36	02:24:26
33	24	ian loades	oxford tri	M Snr	41	00:51:55	32	01:16:04	74	00:16:44	02:24:43
34	1	Victoria Wilkinson	Climb On Bikes Race Team	F Snr	46	00:52:13	36	01:17:09	38	00:15:34	02:24:56
35	6	John Longmuir	Tri Team Glos	M Vet	50	00:52:25	37	01:17:18	28	00:15:14	02:24:57
36	25	Kevin Fearn	TFN Tri Club	M Snr	51	00:52:31	38	01:17:20	29	00:15:14	02:25:05
37	2	Louise Collis	TFN Tri club	F Snr	54	00:52:44	34	01:16:44	51	00:16:00	02:25:28
38	7	Jon Cowell	Olney Multisport	M Vet	43	00:52:07	43	01:18:29	24	00:14:54	02:25:30
39	26	Darren Robinson	Belper Cycle Club	M Snr	68	00:53:39	35	01:16:58	54	00:16:06	02:26:43
40	27	Matthew Boon	Tri Team Glos	M Snr	38	00:51:20	49	01:19:33	52	00:16:03	02:26:56

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41	8	Richard Billington	1485 Tri Club	M Vet	33	00:51:06	50	01:19:38	68	00:16:38	02:27:22
42	3	Paul Jurczuk	Meynell Valley Hunters	M 50+	58	00:52:52	44	01:18:37	71	00:16:40	02:28:09
43	28	Paul Wileman		M Snr	16	00:47:49	82	01:24:45	43	00:15:44	02:28:18
44	9	Andrew Southall	Black Country Triathletes	M Vet	110	00:58:12	25	01:14:10	48	00:15:58	02:28:20
45	10	Paul Timmons	Ripley Running Club	M Vet	22	00:49:18	80	01:24:15	22	00:14:50	02:28:23
46	29	Josh Southall	Black Country Triathletes	M Snr	69	00:53:59	41	01:17:58	61	00:16:28	02:28:25
47	30	Thomas Peoples	TriTalk.co.uk	M Snr	49	00:52:20	58	01:21:25	21	00:14:50	02:28:35
48	31	Mat Ivings	High Peak Tri Club	M Snr	78	00:54:53	39	01:17:21	60	00:16:27	02:28:41
49	32	Gareth Jones	LVIS/performancecycles.co.uk	M Snr	60	00:52:55	57	01:21:17	17	00:14:43	02:28:55
50	4	Stewart Lebelihski	LVRC	M 50+	44	00:52:07	52	01:20:07	73	00:16:42	02:28:56
51	33	Patrick O'Keeffe		M Snr	53	00:52:40	59	01:21:32	30	00:15:16	02:29:28
52	34	Ben Garrard		M Snr	102	00:57:20	26	01:14:13	112	00:18:03	02:29:36
53	11	Julian Bradbury		M Vet	45	00:52:07	61	01:21:58	42	00:15:44	02:29:49
54	3	lucy gossage	TFN tri club	F Snr	66	00:53:17	55	01:21:01	40	00:15:40	02:29:58
55	35	Nick Dunn	2XU TFN RT	M Snr	11	00:46:55	54	01:20:34	159	00:22:41	02:30:10
56	36	Matthew Hemsley	Mansfield Tri Club	M Snr	64	00:53:15	56	01:21:14	45	00:15:48	02:30:17
57	37	Dave Griffiths	TFN Tri Club	M Snr	73	00:54:29	48	01:19:28	63	00:16:29	02:30:26
58	38	Dan Clowes	UNATTACHED	M Snr	42	00:51:55	79	01:24:10	19	00:14:45	02:30:50
59	4	Verity Butler	TFN Tri Club	F Snr	56	00:52:45	66	01:22:38	36	00:15:33	02:30:56
60	39	Ben Leishman	Derby Tri Club	M Snr	47	00:52:16	68	01:22:45	72	00:16:42	02:31:43
61	5	Rachel Hobbs	Worcs Tri Club	F Snr	81	00:55:01	53	01:20:22	64	00:16:30	02:31:53
62	12	Ian Imeson		M Vet	55	00:52:44	75	01:23:45	41	00:15:43	02:32:12
63	5	Richard Melvern	FVS Tri	M 50+	52	00:52:36	71	01:23:25	56	00:16:20	02:32:21
64	40	Tom Swift	Derby Tri Club	M Snr	65	00:53:15	74	01:23:44	50	00:15:59	02:32:58
65	6	Ros Viner		F Snr	48	00:52:17	93	01:25:53	34	00:15:28	02:33:38
66	41	Paul Speed		M Snr	103	00:57:20	47	01:19:20	86	00:17:11	02:33:51
67	13	Gary Tudbury	4 Life Tri Club	M Vet	111	00:58:12	45	01:18:54	88	00:17:14	02:34:20
68	42	scott tilley	Lincoln Tri	M Snr	115	00:58:33	46	01:19:14	67	00:16:36	02:34:23
69	14	Steve Allen		M Vet	98	00:56:58	51	01:19:45	106	00:17:52	02:34:35
70	6	Mick Anglim	Hardley Runners	M 50+	82	00:55:01	70	01:23:16	76	00:16:51	02:35:08
71	15	nigel gregory		M Vet	89	00:55:51	62	01:22:04	95	00:17:25	02:35:20
72	43	stephen greene		M Snr	76	00:54:40	72	01:23:37	85	00:17:08	02:35:25
73	16	David Miles	Mansfield Tri	M Vet	90	00:55:51	69	01:23:09	59	00:16:26	02:35:26
74	44	marcus hanford		M Snr	93	00:56:24	64	01:22:18	84	00:17:06	02:35:48
75	17	Ian Lloyd	Sheffield Tri Club	M Vet	74	00:54:29	86	01:25:19	57	00:16:20	02:36:08
76	7	donna edmondson booker	cross trax	F Snr	80	00:54:55	84	01:25:10	55	00:16:06	02:36:11
77	18	Frank Herold	BRAT Club	M Vet	57	00:52:51	102	01:27:31	69	00:16:38	02:37:00
78	45	Simon Wood	Sheffield Tri Club	M Snr	71	00:54:06	98	01:27:07	47	00:15:53	02:37:06
79	46	chris levy		M Snr	70	00:53:59	95	01:26:32	75	00:16:44	02:37:15
80	47	Richard Powell	Sheffield Tri Club	M Snr	88	00:55:50	77	01:23:50	101	00:17:37	02:37:17
81	7	Howard Doe	Hardley Tri Club	M 50+	67	00:53:17	83	01:24:53	138	00:19:13	02:37:23

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82	19	Tim Edwards		M Vet	72	00:54:21	96	01:26:45	70	00:16:39	02:37:45
83	48	Jon Arnold	Tri team Glos	M Snr	99	00:57:00	76	01:23:48	96	00:17:30	02:38:18
84	49	Tony Stevenson		M Snr	94	00:56:24	73	01:23:42	117	00:18:16	02:38:22
85	20	David Swingler	GOSPORTSPEX RT	M Vet	112	00:58:12	60	01:21:36	121	00:18:41	02:38:29
86	50	Sam Clarke		M Snr	62	00:52:58	106	01:28:15	89	00:17:17	02:38:30
87	51	Alexander Hall	TFN Tri Club	M Snr	104	00:57:20	81	01:24:27	77	00:16:53	02:38:40
88	52	max garrard		M Snr	84	00:55:07	88	01:25:29	114	00:18:08	02:38:44
89	53	tim wells		M Snr	87	00:55:26	92	01:25:47	98	00:17:32	02:38:45
90	21	BRIAN MARTIN		M Vet	96	00:56:27	94	01:26:10	62	00:16:28	02:39:05
91	54	Adam Bradley		M Snr	77	00:54:49	97	01:26:53	97	00:17:30	02:39:12
92	8	Caroline Toshack	www.oneshotlife.co.uk	F Snr	59	00:52:52	112	01:29:54	104	00:17:40	02:40:26
93	55	Liam Tailby	Leicester Tri	M Snr	86	00:55:23	100	01:27:17	108	00:17:55	02:40:35
94	9	charlotte arnold	Tri team Glos	F Snr	114	00:58:20	87	01:25:28	80	00:16:58	02:40:46
95	22	barrie moss		M Vet	61	00:52:57	122	01:31:36	58	00:16:22	02:40:55
96	8	peter taylor	tunbridge wells tri club	M 50+	108	00:58:03	90	01:25:45	90	00:17:20	02:41:08
97	56	Grant McKinlay	MVH Tri Club	M Snr	85	00:55:17	114	01:30:33	49	00:15:58	02:41:48
98	9	Steven Regan-Watts		M 50+	92	00:56:23	105	01:27:54	100	00:17:35	02:41:52
99	1	Jill Mcgee		F Vet	91	00:55:51	111	01:29:37	65	00:16:30	02:41:58
100	10	Phil Shakeshaft	Wakefield Tri	M 50+	107	00:57:32	103	01:27:32	83	00:17:05	02:42:09
101	57	Doug Feasey		M Snr	101	00:57:09	104	01:27:45	92	00:17:23	02:42:17
102	10	Dawn Smith		F Snr	109	00:58:03	99	01:27:08	94	00:17:24	02:42:35
103	23	mark johnston		M Vet	100	00:57:04	107	01:28:18	91	00:17:22	02:42:44
104	58	Richard Knott		M Snr	123	00:59:53	63	01:22:18	148	00:20:48	02:42:59
105	24	Andy Lines	Coventry Tri	M Vet	133	01:01:08	85	01:25:16	78	00:16:53	02:43:17
106	59	JEZ STATHAM	Gearsandtears.com	M Snr	97	00:56:34	115	01:30:34	82	00:17:02	02:44:10
107	60	Ben Starbuck	Meynell Valley Hunters	M Snr	75	00:54:36	116	01:30:37	131	00:19:05	02:44:18
108	25	Mark Skelton	Derby Tri Club	M Vet	29	00:50:26	124	01:32:27	152	00:21:29	02:44:22
109	61	Jonathan Bland		M Snr	105	00:57:20	110	01:29:35	110	00:17:59	02:44:54
110	11	Vernon Thomas	Greenwich Tritons	M 50+	140	01:02:34	78	01:24:06	124	00:18:49	02:45:29
111	26	Brian Borrows	Leicester Tri	M Vet	145	01:04:09	65	01:22:31	142	00:19:57	02:46:37
112	62	James Mantle		M Snr	117	00:58:39	117	01:30:39	99	00:17:32	02:46:50
113	27	David Hayward		M Vet	116	00:58:38	109	01:29:31	123	00:18:46	02:46:55
114	11	Helen Turton	Leeds & Bradford Tri	F Snr	121	00:59:31	118	01:30:50	81	00:17:01	02:47:22
115	63	Chris MacDonald		M Snr	120	00:59:09	119	01:31:02	87	00:17:14	02:47:25
116	2	Helen Trees		F Vet	122	00:59:31	120	01:31:19	102	00:17:37	02:48:27
117	28	Andrew Hilton		M Vet	137	01:01:46	101	01:27:18	140	00:19:48	02:48:52
118	29	Steve Joyce		M Vet	129	01:00:44	121	01:31:22	93	00:17:23	02:49:29
119	64	Gareth Blackbird		M Snr	83	00:55:04	141	01:37:02	103	00:17:39	02:49:45
120	12	Jane Jones	T.W.I.Ts	F Snr	124	00:59:54	128	01:33:46	66	00:16:34	02:50:14
121	3	Team High five		Relay	155	01:05:48	91	01:25:46	126	00:19:01	02:50:35
122	65	Paul Marval		M Snr	95	00:56:24	140	01:36:46	107	00:17:53	02:51:03

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123	30	Simon Broomhead		M Vet	126	01:00:06	129	01:34:21	79	00:16:58	02:51:25
124	31	richard hawksworth	derby triathlon club	M Vet	135	01:01:22	123	01:31:57	141	00:19:53	02:53:12
125	66	David Bristow	Thames Valley Tri	M Snr	138	01:01:58	127	01:33:45	109	00:17:55	02:53:38
126	3	Rachel Ward	Worcs Tri Club	F Vet	134	01:01:16	130	01:34:25	115	00:18:11	02:53:52
127	67	paul adamson		M Snr	132	01:01:07	132	01:34:33	116	00:18:14	02:53:54
128	32	Geoff McCaughtrie		M Vet	157	01:06:11	108	01:28:30	139	00:19:29	02:54:10
129	1	Elsbeth Knott	Harwich Runners	F 50+	151	01:04:54	113	01:30:04	144	00:20:07	02:55:05
130	12	David Bradley		M 50+	125	00:59:57	143	01:38:43	113	00:18:05	02:56:45
131	33	Richard broadhead	Ashbourne Running Club	M Vet	142	01:03:28	136	01:35:48	105	00:17:44	02:57:00
132	68	Ryan Procter	Trentham Running Club	M Snr	118	00:58:55	146	01:40:00	132	00:19:05	02:58:00
133	69	Dave Mackay		M Snr	142	01:03:35	131	01:34:29	146	00:20:18	02:58:22
134	70	matthew saxton		M Snr	113	00:58:15	152	01:41:29	120	00:18:40	02:58:24
135	71	Thomas Bennett	BRAT	M Snr	148	01:04:29	134	01:35:15	136	00:19:09	02:58:53
136	34	Ken Jeffery		M Vet	147	01:04:20	138	01:36:28	137	00:19:12	03:00:00
137	13	kelly shaw		F Snr	149	01:04:30	135	01:35:25	145	00:20:15	03:00:10
138	4	Susan Turner	Oxford Tri	F Vet	139	01:02:27	145	01:39:06	129	00:19:05	03:00:38
139	35	ASHLEY CHAPMAN		M Vet	130	01:00:52	150	01:41:17	122	00:18:41	03:00:50
140	4	Team Chips 2 Clear		Relay	173	01:16:27	89	01:25:32	134	00:19:08	03:01:07
141	36	Anthony Spencer		M Vet	127	01:00:15	153	01:42:14	128	00:19:03	03:01:32
142	14	Nancy Black		F Snr	172	01:15:18	67	01:22:38	165	00:23:52	03:01:48
143	13	Bob Luck	East Grinstead TC	M 50+	163	01:08:57	126	01:33:01	143	00:20:02	03:02:00
144	15	Becky Jones		F Snr	153	01:05:10	144	01:38:49	127	00:19:01	03:03:00
145	37	ian wilkins		M Vet	128	01:00:36	155	01:44:33	111	00:17:59	03:03:08
146	38	Gareth Williams	Trentham Running Club	M Vet	119	00:59:02	158	01:45:48	118	00:18:20	03:03:10
147	14	Tom Paleniczek	N/A	M 50+	159	01:07:25	142	01:37:12	135	00:19:08	03:03:45
148	72	Robin Newbold		M Snr	152	01:05:03	147	01:40:18	130	00:19:05	03:04:26
149	39	Timothy Bedford	inotropes racing team	M Vet	167	01:09:50	125	01:32:49	153	00:21:49	03:04:28
150	40	mark saxton		M Vet	136	01:01:31	156	01:44:50	119	00:18:26	03:04:47
151	5	Susan Regan-Watts		F Vet	162	01:08:33	137	01:36:09	147	00:20:33	03:05:15
152	73	jason allcock		M Snr	131	01:01:03	149	01:41:00	163	00:23:37	03:05:40
153	15	Chris Upton		M 50+	156	01:05:54	139	01:36:45	164	00:23:44	03:06:23
154	2	Jan Forrester	Matlock CC	F 50+	164	01:09:08	133	01:35:12	162	00:23:08	03:07:28
155	41	Alan Collyer		M Vet	166	01:09:31	148	01:40:19	150	00:21:04	03:10:54
156	42	Giovanni Moretti		M Vet	141	01:02:40	160	01:46:50	155	00:21:56	03:11:26
157	16	Andrew Bradley	Wolves Uni Tri	M 50+	106	00:57:25	168	01:56:34	133	00:19:07	03:13:06
158	6	HELEN HALL	STAFFORDSHIRE FIRE AND RESCUE	F Vet	170	01:12:31	151	01:41:20	149	00:20:53	03:14:44
159	74	Jon Bennett	Derby Tri Club	M Snr	161	01:07:51	154	01:44:19	160	00:22:54	03:15:04
160	16	catherine grum	greenwich tritons	F Snr	158	01:06:30	161	01:48:08	151	00:21:22	03:16:00
172	7	Wendy Morris	.	F Vet	142	01:02:40	167	01:55:27	119	00:18:26	03:16:33
161	43	melvin barks		M Vet	146	01:04:09	164	01:50:21	154	00:21:55	03:16:25
162	44	Anthony Foreman	Mansfield Tri Club	M Vet	144	01:03:48	165	01:52:56	157	00:22:29	03:19:13

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163	45 Paul Nightingale		M Vet	168	01:11:29	159	01:46:02	156	00:22:15	03:19:46
164	8 Carolyn Waywell		F Vet	169	01:12:03	157	01:45:43	158	00:22:36	03:20:22
165	75 Mark Goodson		M Snr	160	01:07:36	166	01:54:41	161	00:22:58	03:25:15
166	46 Paul Doran		M Vet	171	01:13:29	162	01:48:44	167	00:26:20	03:28:33
167	47 brian Parker	Meynall Valley Hunters	M Vet	154	01:05:25	169	01:57:55	168	00:26:25	03:29:45
168	48 Paul Homan		M Vet	174	01:17:36	163	01:49:48	166	00:24:24	03:31:48
169	17 Rossella Bigongiari		F Snr	176	01:18:04	170	02:00:15	125	00:18:59	03:37:18
170	49 Neil Woods		M Vet	150	01:04:30	171	02:02:54	170	00:39:04	03:46:28
171	50 Mahendra Patel		M Vet	175	01:17:45	172	02:37:25	169	00:27:52	04:23:02
173	Tom Curtis	Loughborough Students	M Snr	10	00:46:17		DNF		DNF	DNF
174	GARY BLESSON	sigma sport	M Vet	18	00:48:17		DNF		DNF	DNF
173	Nigel Elson	Meynell Valley Hunters	M Snr	63	00:53:07		DNF		DNF	DNF
175	Katie Blackbird		F Snr	165	01:09:15		DNF		DNF	DNF
176	richard roper		M Vet		DNF		DNF		DNF	DNF
177	Tracey Kay Hall	Worcester Tri	F Vet		DNF		DNF		DNF	DNF
178	Tom Vickery		M Snr		DQ		DQ		DQ	DQ
179	Chris Rainford	GMC Fire Service Tri	M Vet		DQ		DQ		DQ	DQ