

# ASHBOURNE DUATHLON 06

12K run - 40K bike - 4K run

Pos	CP	Name	Club / Team	Cat	Pos	Run 1	Pos	Bike	Pos	Run 2	Finish
1	1	Toby Jameson		M 25-29	5	0:44:20	3	1:08:13	3	0:13:09	2:05:42
2	1	Oliver Mott	University of Bristol	M Elite	1	0:43:42	6	1:10:08	6	0:13:32	2:07:22
3	2	Dave Brown	Team MK	M Elite	11	0:46:07	2	1:07:55	31	0:14:33	2:08:35
4	3	Jonathan Hotchkiss	Sigma Sport/Orca	M Elite	8	0:45:46	8	1:10:23	5	0:13:21	2:09:30
5	2	Chris Birch	East Street Cycles.com	M 25-29	20	0:46:55	5	1:08:34	21	0:14:18	2:09:47
6	4	Paul Mountford	Parker International	M Elite	9	0:45:48	7	1:10:18	18	0:14:11	2:10:17
7	5	Paul Smith	Seamons CC	M Elite	6	0:45:07	12	1:12:29	4	0:13:17	2:10:53
8	3	Matt Cullen	TheEnduranceCoach.com	M 25-29	3	0:43:54	17	1:13:32	12	0:13:57	2:11:23
9	6	Stuart Hall		M Elite	2	0:43:44	26	1:15:00	2	0:13:05	2:11:49
10	1	Marc Laithwaite	TheEnduranceCoach.com	M 30-34	13	0:46:13	13	1:12:57	7	0:13:43	2:12:53
11	2	Simon Brooksbank		M 30-34	27	0:47:13	9	1:11:19	23	0:14:26	2:12:58
12	3	Mark Couldwell	Derby Tri Club	M 30-34	22	0:47:01	11	1:12:24	22	0:14:19	2:13:44
13	4	Ben Lang	Total Fitness Bath	M 30-34	30	0:47:30	10	1:12:07	16	0:14:08	2:13:45
14	5	Lee Piercy	Primera Bournemouth	M 30-34	19	0:46:46	14	1:13:17	13	0:14:01	2:14:04
15	7	Philip Graves	White Rose Tri	M Elite	81	0:51:37	4	1:08:28	25	0:14:28	2:14:33
16	1	Dave Roper	Tri Team Glos	M 20-24	14	0:46:29	23	1:14:33	15	0:14:07	2:15:09
17	1	Michael Pluckrose	TheEnduranceCoach.com	M 35-39	23	0:47:02	18	1:13:32	48	0:15:07	2:15:41
18	1	Darren Hodgkinson	Mansfield Tri Club	M 40-44	26	0:47:09	20	1:14:12	26	0:14:29	2:15:50
19	2	Geoff Ayers	Tri Lakeland	M 40-44	42	0:48:27	15	1:13:18	19	0:14:12	2:15:57
20	8	Garry Hughes	Tri Team Glos	M Elite	21	0:46:57	30	1:15:24	14	0:14:06	2:16:27
21	2	Julian Moran		M 35-39	16	0:46:44	27	1:15:01	43	0:15:01	2:16:46
22	3	Ian Coupland	MSW Tri	M 35-39	17	0:46:44	35	1:15:55	28	0:14:30	2:17:09
23	2	Tom Room	<a href="http://www.kinetic-one.co.uk">www.kinetic-one.co.uk</a>	M 20-24	25	0:47:04	39	1:16:06	17	0:14:09	2:17:19
24	9	Jez Cox	Planet-X	M Elite	43	0:48:30	22	1:14:28	36	0:14:45	2:17:43
25	1	Tony Caulton	Derbyshire Police	M 45-49	33	0:47:52	40	1:16:10	20	0:14:16	2:18:18
26	6	Noel Edwards	Coventry Triathletes	M 30-34	12	0:46:10	48	1:18:25	11	0:13:54	2:18:29
27	7	Matthew Higson	Lothian And Borders Police	M 30-34	44	0:48:44	31	1:15:30	40	0:14:50	2:19:04
28	4	Mark Hanby	Army Triathlon Association	M 35-39	45	0:48:55	28	1:15:06	56	0:15:17	2:19:18
29	10	Christopher Symonds	Enfield & Haringey AC	M Elite	49	0:49:03	42	1:16:37	8	0:13:46	2:19:26
30	4	James Endicott	TFN ORCA RT	M 25-29	55	0:49:58	19	1:14:10	58	0:15:21	2:19:29
31	8	Richard Morton	Edinburgh RC/thebicycleworks	M 30-34	54	0:49:55	21	1:14:19	62	0:15:26	2:19:40
32	5	Antony Gray	Derby Tri Club	M 35-39	37	0:48:04	45	1:17:21	29	0:14:33	2:19:58
33	5	Matthew Nell	Black Country Triathletes	M 25-29	66	0:50:53	25	1:14:47	35	0:14:40	2:20:20
34	2	Chris Smith	Sheffield Tri Club	M 45-49	41	0:48:16	41	1:16:15	86	0:15:54	2:20:25
35	6	James Browne	Thames Turbo	M 25-29	24	0:47:03	55	1:19:13	24	0:14:27	2:20:43
36	3	Chris Rainford	GMC Fire Service Tri	M 40-44	80	0:51:36	16	1:13:19	82	0:15:50	2:20:45
37	9	Kelly Davey	Ful-On-Tri	M 30-34	59	0:50:28	36	1:15:56	37	0:14:46	2:21:10
38	3	John Field	Mansfield Tri Club	M 45-49	35	0:47:58	53	1:18:58	42	0:14:57	2:21:53
39	10	David Ballantyne		M 30-34	62	0:50:42	43	1:16:40	33	0:14:36	2:21:58
40	6	Ian O'Neil	Tri Sport Epping	M 35-39	86	0:51:53	33	1:15:33	41	0:14:51	2:22:17

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41	7	Craig Halsey	Team Tri UK	M 25-29	15	0:46:29	71	1:20:55	47	0:15:05	2:22:29
42	4	Stephen Tompkin		M 40-44	77	0:51:24	34	1:15:35	80	0:15:47	2:22:46
43	8	Jimmy George	In-Gear Quickvit RT	M 25-29	53	0:49:26	52	1:18:39	39	0:14:50	2:22:55
44	1	Michelle Lee	Team MK	F Elite	38	0:48:09	73	1:21:21	9	0:13:48	2:23:18
45	9	Ian Roberts	ABC Tri	M 25-29	31	0:47:30	70	1:20:45	60	0:15:25	2:23:40
46	7	Richard Whitelegg	Hinckley RC	M 35-39	18	0:46:44	84	1:22:23	71	0:15:35	2:24:42
47	11	Ben Leishman	Derby Tri Club	M 30-34	64	0:50:44	51	1:18:35	68	0:15:31	2:24:50
48	10	Mayur Ranchordas	Planet X/LewisKit.com	M 25-29	50	0:49:03	50	1:18:30	66	0:15:29	2:25:02*
49	11	Matthew Ford		M 25-29	67	0:50:55	60	1:19:45	27	0:14:29	2:25:09
50	12	Terry Greenwood		M 30-34	29	0:47:27	86	1:22:40	53	0:15:12	2:25:19
51	5	Calum Morman	Strathclyde Police Tri	M 40-44	87	0:51:53	49	1:18:27	49	0:15:07	2:25:27
52	8	Gary Grounds		M 35-39	32	0:47:45	85	1:22:29	69	0:15:31	2:25:45
53	13	Chris Newton		M 30-34	113	0:53:56	24	1:14:41	139	0:17:08	2:25:45
54	14	Brendan Johnston	Strathclyde Police Tri	M 30-34	79	0:51:35	59	1:19:40	32	0:14:33	2:25:48
55	15	Anthony Hough		M 30-34	74	0:51:15	46	1:17:29	143	0:17:13	2:25:57
56	4	Gawie Nienaber	Gears & Tears	M 45-49	130	0:54:39	29	1:15:10	99	0:16:15	2:26:04
57	12	Andy Brodziak		M 25-29	63	0:50:43	68	1:20:23	46	0:15:05	2:26:11
58	3	Joe Waugh	<a href="http://www.breezebikes.co.uk">www.breezebikes.co.uk</a>	M 20-24	65	0:50:49	69	1:20:31	55	0:15:14	2:26:34
59	6	Dan White	Park Club Tristars	M 40-44	71	0:51:12	57	1:19:37	89	0:15:59	2:26:48
60	16	Rob Wilby	Manchester Triathlon Club	M 30-34	69	0:50:59	67	1:20:23	63	0:15:27	2:26:49
61	5	Brian Swindell	Derby Tri Club	M 45-49	68	0:50:58	61	1:19:51	95	0:16:04	2:26:53
62	13	Gareth Whittall	Beaville CC	M 25-29	96	0:52:56	37	1:16:03	165	0:18:01	2:27:00
63	17	Martin Burder	Coventry Triathletes	M 30-34	56	0:49:58	75	1:21:47	57	0:15:19	2:27:04
64	9	Michael Nolan	Sheffield Tri Club	M 35-39	36	0:48:00	113	1:24:51	51	0:15:10	2:28:01
65	10	Julian Read	City of Stoke AC/Swinnerton Cycles	M 35-39	92	0:52:39	56	1:19:27	92	0:16:01	2:28:07
66	7	John Young	Edinburgh RC	M 40-44	28	0:47:23	102	1:23:47	133	0:17:00	2:28:10
67	14	James Easson	Met Police Tri Club	M 25-29	51	0:49:05	117	1:25:15	10	0:13:54	2:28:14
68	6	Hanno Nickau	Oxford Tri	M 45-49	132	0:54:49	47	1:17:48	94	0:16:04	2:28:41
69	11	Phil Wylie	Diadora/Bicycleworks	M Elite	7	0:45:10	145	1:28:24	54	0:15:12	2:28:46
70	18	Greg Shelley		M 30-34	72	0:51:13	77	1:21:56	75	0:15:41	2:28:50
71	2	Rachel Jones	Tri Preston	F Elite	60	0:50:30	99	1:23:27	52	0:15:12	2:29:09
72	7	Chris Riley	DVATC	M 45-49	84	0:51:51	72	1:21:07	106	0:16:29	2:29:27
73	15	Stuart Clark	Tri Force	M 25-29	85	0:51:53	58	1:19:38	167	0:18:02	2:29:33
74	1	John Manning	Derby Tri Club	M 50-54	121	0:54:15		B&Run	273	1:35:28	2:29:43
75	12	Bradley Murphy	Royles	M Elite	40	0:48:13	129	1:26:32	44	0:15:01	2:29:46
76	19	Daniel Thompson		M 30-34	46	0:48:57	124	1:26:18	38	0:14:47	2:30:02
77	20	Jonny Rowan	Met Police Tri Club	M 30-34	124	0:54:28	64	1:20:03	79	0:15:46	2:30:17
78	11	Simon Patton	Sheffield Tri Club	M 35-39	78	0:51:24	87	1:22:40	105	0:16:28	2:30:32
79	8	Martin Speyers	Gears & Tears	M 40-44	93	0:52:39	88	1:22:45	78	0:15:45	2:31:09
80	21	Andrew Leck		M 30-34	73	0:51:14	94	1:23:03	131	0:16:59	2:31:16

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81	8	Andy Wright		M 45-49	52	0:49:17	138	1:27:26	30	0:14:33	2:31:16
82	1	Stuart McGowan	Bike & Run	M 55-59	116	0:54:05	66	1:20:22	138	0:17:06	2:31:33
83	22	David Hutchinson	Pactrac	M 30-34	57	0:50:19	106	1:24:12	136	0:17:05	2:31:36
84	23	Richard Howarth		M 30-34	99	0:53:02	83	1:22:11	103	0:16:25	2:31:38
85	9	Andy Clapham	H and H Harriers	M 40-44	88	0:52:07	90	1:22:46	118	0:16:48	2:31:41
86	12	Paul Drinkwater	Leeds & Bradford Tri Club	M 35-39	82	0:51:39	80	1:22:04	168	0:18:03	2:31:46
87	24	Ben Garrard	Leeds & Bradford Tri Club	M 30-34	155	0:56:35	38	1:16:05	201	0:19:08	2:31:48
88	10	Mark Stewart	Coventry Triathletes	M 40-44	107	0:53:23	96	1:23:17	50	0:15:09	2:31:49
89	11	John Levick	West Yorkshire Police	M 40-44	103	0:53:11	93	1:22:55	83	0:15:50	2:31:56
90	2	Michael Barnsdale	Spalding Triathlon Club	M 50-54	61	0:50:32	121	1:25:58	70	0:15:34	2:32:04
91	12	Mark Herd	Oxford Tri	M 40-44	114	0:53:57	92	1:22:50	65	0:15:28	2:32:15
92	25	Jeremy Fern		M 30-34	97	0:52:56	91	1:22:49	125	0:16:55	2:32:40
93	2	John Booth	York White Rose Tri	M 55-59	100	0:53:06	104	1:23:53	115	0:16:45	2:33:44
94	13	Stewart Wilson	Nene Valley	M 35-39	150	0:56:06	54	1:19:08	186	0:18:32	2:33:46
95	13	John Longmuir	Tri Team Glos	M 40-44	135	0:55:00	97	1:23:20	73	0:15:39	2:33:59
96	26	Paul Buck	Serpentine	M 30-34	169	0:57:33	65	1:20:16	108	0:16:31	2:34:20
97	3	Mick Anglim	Hardley Tri	M 55-59	141	0:55:28	82	1:22:09	116	0:16:46	2:34:23
98	16	Martin Gore	Edinburgh RC	M 25-29	90	0:52:32	128	1:26:28	64	0:15:27	2:34:27
99	1	Kirsty Hewitson	Oxford Uni Tri	F 30-34	131	0:54:43	108	1:24:13	87	0:15:56	2:34:52
100	14	Alan Auld	Strathclyde Police Tri	M 35-39	95	0:52:45	139	1:27:27	59	0:15:22	2:35:34
101	15	Richard Whitehurst	Lichfield City Cycle	M 35-39	168	0:57:20	63	1:20:03	179	0:18:17	2:35:40
102	14	Andrew Stiles	Team MK	M 40-44	125	0:54:29	115	1:25:10	93	0:16:01	2:35:40
103	17	Paul Slaymaker	Droitwich AC/West Mercia Police	M 25-29	189	0:59:11	62	1:20:00	111	0:16:39	2:35:50
104	15	Steve Allen		M 40-44	158	0:56:42	79	1:22:02	146	0:17:18	2:36:02
105	9	Paul Croft	West Yorkshire Police	M 45-49	105	0:53:18	119	1:25:54	120	0:16:50	2:36:02
106	16	Alan Joyce	Strathclyde Police Tri	M 35-39	133	0:54:51	116	1:25:11	96	0:16:08	2:36:10
107	19	Anthony Taylor		M 35-39	117	0:54:06	136	1:27:16	61	0:15:26	2:36:48
108	18	Simon Jones	Hartlepooltriathletes.com	M 35-39	94	0:52:39	142	1:28:09	90	0:16:00	2:36:48
109	17	David Fearnley		M 35-39	126	0:54:29	120	1:25:54	104	0:16:25	2:36:48
110	16	Andrew Bailey		M 40-44	148	0:56:04	95	1:23:08	162	0:17:44	2:36:56
111	10	Jeff Mowbray	Cleveland Police	M 45-49	178	0:58:15	78	1:21:57	114	0:16:44	2:36:56
112	2	Susan Blackett	Berkshire Tri Squad	F 30-34	102	0:53:09	144	1:28:16	76	0:15:41	2:37:06
113	27	David Griffiths	TFN Tri Club	M 30-34	181	0:58:41	81	1:22:04	102	0:16:23	2:37:08
114	3	Verity Butler	TFN Tri Club	F 30-34	106	0:53:19	141	1:28:06	84	0:15:52	2:37:17
115	18	David Wagstaff	Pactrac	M 40-44	144	0:55:38	107	1:24:13	152	0:17:30	2:37:21
116	17	Bruce Dawson	High Peak Tri Club	M 40-44	188	0:59:06	73	1:21:35	274	0:16:40	2:37:21
117	4	Alan Spelling	Met Police Tri Club	M 55-59	110	0:53:35	123	1:26:17	177	0:18:14	2:38:06
118	4	Jacob Manning		M 20-24	151	0:56:14	126	1:26:23	72	0:15:38	2:38:15
119	11	Alan Brocklehurst		M 45-49	112	0:53:45	152	1:29:18	67	0:15:29	2:38:32
120	20	Philip Hobson		M 35-39	83	0:51:43	158	1:29:59	124	0:16:53	2:38:35

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121	12	Mark Dixon	Frome	M 45-49	165	0:57:14	105	1:24:08	145	0:17:15	2:38:37
122	28	Matt Hemsley	Mansfield Tri Club	M 30-34	123	0:54:25	137	1:27:20	132	0:16:59	2:38:44
123	21	Chris Booker	West Yorkshire Police	M 35-39	136	0:55:11	130	1:26:35	134	0:17:01	2:38:47
124	29	Kevin Fearn	TFN Tri Club	M 30-34	183	0:58:43	111	1:24:31	74	0:15:40	2:38:54
125	22	Mike Nisbet		M 35-39	143	0:55:29	132	1:26:51	140	0:17:10	2:39:30
126	5	Tom Wewer		M 20-24	195	0:59:35	98	1:23:20	112	0:16:40	2:39:35
127	3	Stephen Roberts	00TRI	M 50-54	129	0:54:30	146	1:28:27	113	0:16:43	2:39:40
128	23	Andrew Clark	Derby Tri Club	M 35-39	163	0:57:07	109	1:24:19	183	0:18:28	2:39:54
129	19	Gordon Thomson	Strathclyde Police Tri	M 40-44	149	0:56:05	133	1:27:02	121	0:16:51	2:39:58
130	13	Clint Proffitt	Derbysire Police	M 45-49	166	0:57:14	134	1:27:03	81	0:15:48	2:40:05
131	24	Jonathan Bland		M 35-39	156	0:56:40	131	1:26:44	129	0:16:57	2:40:21
132	1	David Gardner		M 65-69	216	1:00:42	76	1:21:53	176	0:18:12	2:40:47
133	25	John Nellist	West Yorkshire Police	M 35-39	157	0:56:41	127	1:26:25	160	0:17:42	2:40:48
134	18	James Debenham		M 25-29	187	0:59:00	110	1:24:27	161	0:17:42	2:41:09
135	19	Steven Chamberlain	Etwall Eagles	M 25-29	142	0:55:28	150	1:28:56	127	0:16:56	2:41:20
136	14	Ian G Jackson	Derbysire Police	M 45-49	179	0:58:17	114	1:25:07	166	0:18:02	2:41:26
137	20	Chris Neilson	A2 TRI (Amphibians 2)	M 40-44	161	0:57:02	140	1:27:45	141	0:17:12	2:41:59
138		Louise Kelly	Leicester Tri Club	F 25-29	152	0:56:20	155	1:29:35	101	0:16:21	2:42:16
139	26	David Wilson	UK National Fire Service Tri	M 35-39	185	0:58:52	112	1:24:47	193	0:18:43	2:42:22
140	30	Gary Griffiths	Black Country Triathletes	M 30-34	134	0:54:56	154	1:29:33	163	0:17:54	2:42:23
141	15	Stephen Aspey		M 45-49	206	1:00:20	100	1:23:30	190	0:18:39	2:42:29
142	4	Jen Milsom	Cleveland Police	F 30-34	160	0:56:45	151	1:29:07	126	0:16:55	2:42:47
143	31	Jon Arnold	Tri Team Glos	M 30-34	200	0:59:56	118	1:25:28	157	0:17:39	2:43:03
144	21	Neil Whitehouse	Uni of Wolves Duathlon Club	M 40-44	115	0:54:00	161	1:30:38	184	0:18:29	2:43:07
145	32	Neil Fraser		M 30-34	170	0:57:35	143	1:28:14	151	0:17:29	2:43:18
146	27	Martyn Brunt	Coventry Triathletes	M 35-39	139	0:55:23	174	1:32:15	77	0:15:42	2:43:20
147	16	Mark Lines		M 45-49	127	0:54:29	168	1:31:14	164	0:17:56	2:43:39
148	5	Mike Sandford	1485 Tri	M 55-59	104	0:53:13	184	1:34:10	122	0:16:51	2:44:14
149	5	Esther Evans	Thames Turbo	F 30-34	89	0:52:11	213	1:37:23	45	0:15:03	2:44:37
150	6	Charlotte Arnold	Tri Team Glos	F 30-34	175	0:57:49	153	1:29:31	148	0:17:20	2:44:40
151	33	Campbell Petrie	Strathclyde Police Tri	M 30-34	109	0:53:28	187	1:34:52	109	0:16:31	2:44:51
152	34	Matt Barnett		M 30-34	235	1:02:19	101	1:23:35	198	0:19:00	2:44:54
153	1	Rachel Rowan	Ranelagh Harriers	F 35-39	137	0:55:18	178	1:32:29	144	0:17:13	2:45:00
154		Karen Hallas	Coventry Triathletes	F 25-29	108	0:53:27	190	1:34:59	117	0:16:47	2:45:13
155	20	Thomas Mackie	Brian Rourke Cycles Tri	M 25-29	176	0:57:53	162	1:30:38	130	0:16:58	2:45:29
156	4	Rob Wilkins	Cleveland Police	M 50-54	186	0:58:59	122	1:26:06	232	0:20:29	2:45:34
157	35	Colin Campbell		M 30-34	159	0:56:42	170	1:31:28	153	0:17:30	2:45:40
158	36	Richard Sheldrake	Newark Tri Club	M 30-34	193	0:59:21	147	1:28:40	158	0:17:39	2:45:40
159	28	Daniel Gavelle	Sheffield Tri Club	M 35-39	58	0:50:26	222	1:39:26	97	0:16:08	2:46:00
160	21	Paul Wewer		M 25-29	75	0:51:21	212	1:37:17	149	0:17:24	2:46:02

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161	29	Mike Diggins		M 35-39	215	1:00:39	103	1:23:53	250	0:21:52	2:46:24
162	17	Ian Imeson		M 45-49	146	0:55:47	167	1:31:11	209	0:19:26	2:46:24
163		Kate Foster		F 25-29	198	0:59:48	157	1:29:46	128	0:16:56	2:46:30
164	5	John Curley	Notts Police	M 50-54	171	0:57:40	164	1:30:45	180	0:18:19	2:46:44
165	18	Colm McCoy	Lincoln Tri	M 45-49	111	0:53:44	206	1:36:50	100	0:16:19	2:46:53
166		Charlotte Saunders	Tri Athletes	F 25-29	122	0:54:16	205	1:36:49	91	0:16:00	2:47:05
167	7	Caroline Toshack	Triology Racing	F 30-34	140	0:55:23	186	1:34:27	154	0:17:30	2:47:20
168	19	Steven Watts	Dragons (Brooklands)	M 45-49	162	0:57:05	171	1:32:10	174	0:18:10	2:47:25
169	6	James Chisholm	Barnsley AC	M 55-59	120	0:54:13	203	1:36:44	135	0:17:01	2:47:58
170	22	Tim Drake	Adwick Tri	M 40-44	91	0:52:38	223	1:39:28	98	0:16:11	2:48:17
171	23	Rob Dixon		M 40-44	210	1:00:35	163	1:30:44	142	0:17:13	2:48:32
172	24	Michael Liddall		M 40-44	219	1:01:03	148	1:28:49	191	0:18:41	2:48:33
173	30	Justin Costley	Tri 7	M 35-39	234	1:02:15	149	1:28:50	156	0:17:34	2:48:39
174	6	Simon Bowen		M 50-54	128	0:54:29	210	1:37:08	137	0:17:05	2:48:42
175	25	Jonathan Lee		M 40-44	209	1:00:31	159	1:30:03	175	0:18:10	2:48:44
176		Libby Cameron	Met Police Tri Club	F 25-29	138	0:55:19	204	1:36:47	119	0:16:48	2:48:54
177	7	Eric Wintersgill	Lincoln Tri	M 55-59	184	0:58:45	175	1:32:19	170	0:18:06	2:49:10
178	31	Matthew Ward	Cambridgeshire Police	M 35-39	118	0:54:09	215	1:38:17	123	0:16:53	2:49:19
179	7	Paul Willis	Tri Team Glos	M 50-54	180	0:58:36	166	1:30:58	217	0:19:51	2:49:25
180	37	Richard Marshall		M 30-34	227	1:01:25	135	1:27:06	239	0:20:59	2:49:30
181	2	Dawn Scriven	Tri Team Glos	F 35-39	182	0:58:41	89	1:22:45	269	0:28:42	2:50:08
182	20	David Barrile	Coventry Triathletes	M 45-49	153	0:56:25	200	1:36:16	150	0:17:28	2:50:09
183	26	David Coard	FVS Tri	M 40-44	98	0:52:57	224	1:39:40	182	0:18:27	2:51:04
184	27	Mark Whyman	West Yorkshire Police	M 40-44	196	0:59:38	179	1:32:41	197	0:18:56	2:51:15
185	38	Matt Fell		M 30-34	101	0:53:07	232	1:42:06	107	0:16:31	2:51:44
186	8	Donna Edmondson-Booker	Leeds & Bradford Tri Club	F 30-34	164	0:57:07	211	1:37:08	155	0:17:33	2:51:48
187	8	Alan Judd	Leeds & Bradford Tri Club	M 55-59	172	0:57:44	183	1:34:08	221	0:20:00	2:51:52
188	28	Bill Livingstone	Coventry Triathletes	M 40-44	204	1:00:15	165	1:30:50	237	0:20:52	2:51:57
189	9	John Heaney	Bolton Metro Tri Club	M 55-59	217	1:00:57	172	1:32:12	196	0:18:55	2:52:04
190		Sarah Jefferson	TFN Tri Club	F 25-29	190	0:59:13	196	1:35:42	147	0:17:20	2:52:15
191	32	Mat Tarrant	Ilkeston RC	M 35-39	218	1:01:01	176	1:32:24	200	0:19:05	2:52:30
192	2	John Clarke	Sheffield Tri Club	M 65-69	208	1:00:30	182	1:33:52	181	0:18:26	2:52:48
193	1	Holly Cooper	Oxford Tri	F 20-24	213	1:00:38	181	1:33:38	187	0:18:34	2:52:50
194	10	Peter Bence	Burntwood Triathlon Club	M 55-59	243	1:03:39	160	1:30:23	219	0:19:52	2:53:54
195	21	Martin Covey		M 45-49	238	1:02:49	169	1:31:25	215	0:19:43	2:53:57
196	9	Melissa Arkinstall		F 30-34	197	0:59:44	191	1:35:05	206	0:19:20	2:54:09
197	29	Jon Mcateer		M 40-44	228	1:01:30	185	1:34:18	192	0:18:43	2:54:31
198	33	Neil Bateman		M 35-39	225	1:01:23	177	1:32:25	243	0:21:06	2:54:54
199	22	Stephen Collins		M 45-49	220	1:01:04	189	1:34:58	203	0:19:11	2:55:13
200	30	Stewart Swinson	Cleveland Police	M 40-44	202	1:00:02	201	1:36:31	194	0:18:53	2:55:26
201	34	John Archer		M 35-39	191	0:59:13	192	1:35:15	240	0:21:00	2:55:28

# ASHBOURNE DUATHLON 06

12K run - 40K bike - 4K run

202	1	John Kettle	Stokesley Duathlon Club	M 60-64	194	0:59:23	202	1:36:41	224	0:20:08	2:56:12
203	8	Steve Elliott	Derby Tri Club	M 50-54	222	1:01:07	209	1:37:08	172	0:18:07	2:56:22
204	31	Rhod Shipley		M 40-44	203	1:00:14	228	1:40:34	88	0:15:58	2:56:46
205	3	Les Bailey	Worcester Tri Club	M 65-69	226	1:01:24	198	1:36:09	207	0:19:20	2:56:53
206	1	Julia Sandford	1485 Tri	F 45-49	233	1:01:54	193	1:35:19	218	0:19:51	2:57:04
207	35	Mark Walsh	Barracuda Tri	M 35-39	154	0:56:27	249	1:44:45	85	0:15:53	2:57:05
208	3	Rebekah Harrison		F 35-39	247	1:04:00	194	1:35:23	185	0:18:30	2:57:53
209	32	Mark Clayton		M 40-44	174	0:57:49	225	1:39:48	227	0:20:24	2:58:01
210	10	Lesley Parry-Jones		F 30-34	245	1:03:50	195	1:35:24	195	0:18:53	2:58:07
211	23	Justiaan Swanevelder	Inotropes Racing Team	M 45-49	221	1:01:06	214	1:37:39	208	0:19:23	2:58:08
212	36	Gary Lane	Essex Police Tri	M 35-39	239	1:02:53	199	1:36:10	202	0:19:09	2:58:12
213	37	Brian Borrows	Leicester Tri Club	M 35-39	282	1:10:06	125	1:26:19	254	0:22:06	2:58:31
214		Samantha Hunt	Army Triathlon Association	F 25-29	207	1:00:29	226	1:39:51	178	0:18:15	2:58:35
215	38	Gary Lawrence		M 35-39	250	1:04:12	188	1:34:56	216	0:19:45	2:58:53
216	4	Anita Cavell		F 35-39	177	0:58:09	236	1:42:51	169	0:18:05	2:59:05
217	39	Garth Fox	Serpentine	M 35-39	192	0:59:14	219	1:38:51	245	0:21:21	2:59:26
218	1	Linda Whitelegg	Hinckley RC	F 40-44	229	1:01:33	220	1:39:12	214	0:19:43	3:00:28
219	1	Hilary Walker	Serpentine	F 50-54	259	1:05:29	197	1:36:06	213	0:19:31	3:01:06
220	2	William Hammerton		M 60-64	264	1:06:50	180	1:33:28	247	0:21:23	3:01:41
221	24	Mick Haynes		M 45-49	248	1:04:08	221	1:39:12	189	0:18:38	3:01:58
222	11	Rachel Hobbs		F 30-34	232	1:01:52	234	1:42:22	188	0:18:36	3:02:50
223	39	Michael Wisner		M 30-34	199	0:59:49	238	1:43:07	222	0:20:02	3:02:58
224	40	John Hassell		M 35-39	257	1:05:17	216	1:38:31	220	0:19:57	3:03:45
225	1	Lesley Cliff	Vegatarian C & AC	F 55-59	244	1:03:42	233	1:42:11	171	0:18:06	3:03:59
226		Sarah Nason	Serpentine	F 25-29	224	1:01:20	242	1:43:31	204	0:19:15	3:04:06
227	33	David Child	Esporta Lichfield	M 40-44	223	1:01:10	237	1:42:54	225	0:20:11	3:04:15
228	11	Eric Corker		M 55-59	258	1:05:20	218	1:38:46	238	0:20:56	3:05:02
229	25	Ian Mcknight		M 45-49	251	1:04:14	227	1:40:27	231	0:20:28	3:05:09
230		Rosie Ingram	Serpentine	F 25-29	253	1:04:36	229	1:41:33	210	0:19:29	3:05:38
231	2	Jan Forrester	FVS Tri	F 50-54	265	1:07:07	207	1:37:00	253	0:22:01	3:06:08
232	34	William Murphy		M 40-44	242	1:03:34	246	1:44:09	199	0:19:03	3:06:46
233	35	Tim Bedford	Inotropes Racing Team	M 40-44	281	1:10:03	173	1:32:13	261	0:24:49	3:07:05
234	5	Samantha Ayers		F 35-39	231	1:01:44	252	1:47:44	159	0:17:39	3:07:07
235	41	Phil Richmond	Coventry Triathletes	M 35-39	283	1:10:12	208	1:37:06	236	0:20:42	3:08:00
236	40	Tim Plant		M 30-34	246	1:03:53	245	1:44:00	229	0:20:27	3:08:20
237	26	Andrew Bradley		M 45-49	173	0:57:44	262	1:52:34	173	0:18:08	3:08:26
238	36	Graham Harmse		M 40-44	230	1:01:33	251	1:47:04	223	0:20:03	3:08:40
239	42	Steve Casey		M 35-39	214	1:00:38	253	1:48:02	233	0:20:30	3:09:10
240	37	Colin Allen	Cleveland Police	M 40-44	237	1:02:48	248	1:44:45	259	0:23:06	3:10:39
241	12	Tonje Haugen		F 30-34	268	1:07:40	240	1:43:20	226	0:20:15	3:11:15
242		Joanna Weeden	Manchester Triathlon Club	F 25-29	241	1:03:26	254	1:48:31	212	0:19:30	3:11:27

# ASHBOURNE DUATHLON 06

12K run - 40K bike - 4K run

243	12	Graham (Joe) Reynolds	Coventry Triathletes	M 55-59	284	1:10:13	230	1:41:44	235	0:20:36	3:12:33
244	38	Barry Hallam		M 40-44	256	1:05:07	250	1:46:38	242	0:21:05	3:12:50
245	27	Anthony Bryan	Essex Police Tri	M 45-49	273	1:08:25	239	1:43:14	252	0:21:59	3:13:38
246	2	Joanna Dixon	Frome	F 40-44	285	1:10:37	231	1:41:52	248	0:21:35	3:14:04
247	13	Tom Palenicsek	Brian Rourke Cycles Tri	M 55-59	277	1:09:44	243	1:43:46	234	0:20:34	3:14:04
248	2	Elspeth Knott	Harwich Runners	F 55-59	288	1:11:04	235	1:42:26	241	0:21:00	3:14:30
249	28	Jack Horlock		M 45-49	267	1:07:33		BIKE & RUN	275	2:07:24	3:14:57
250	43	Alain Padkin		M 35-39	261	1:06:14	257	1:49:28	211	0:19:30	3:15:12
251	22	Gareth Blackbird	Derby Tri Club	M 25-29	205	1:00:19	256	1:48:42	265	0:26:47	3:15:48
252	41	Nick Charles	BAD Tri	M 30-34	278	1:09:44	244	1:43:56	257	0:22:29	3:16:09
253	39	Terence Wright	Peterborough Endurance Sports	M 40-44	252	1:04:28	258	1:51:56	258	0:22:47	3:19:11
254	6	Chris Goodman		M 20-24	287	1:11:02	247	1:44:31	262	0:25:03	3:20:36
255	3	Lorraine Carrington	Manchester Triathlon Club	F 40-44	263	1:06:46	261	1:52:28	249	0:21:35	3:20:49
256	9	Peter Watkins	Coventry Triathletes	M 50-54	276	1:09:10	263	1:52:38	246	0:21:22	3:23:10
257	6	Justine Williams		F 35-39	262	1:06:18	264	1:54:50	256	0:22:10	3:23:18
258		Katie Blackbird		F 25-29	255	1:05:03	265	1:59:15	205	0:19:18	3:23:36
259	4	Susan Regan	Dragons (Brooklands)	F 40-44	286	1:10:37	259	1:52:05	244	0:21:18	3:24:00
260	44	Tom Reynolds		M 35-39	254	1:04:53	260	1:52:26	266	0:27:21	3:24:40
261	45	Matthew Twynham	Badco Tri	M 35-39	274	1:08:35	255	1:48:37	267	0:27:28	3:24:40
262	29	Terry Shilton		M 45-49	271	1:08:05	266	2:02:01	255	0:22:08	3:32:14
263	30	Mark Saxton		M 45-49	266	1:07:19	267	2:03:24	251	0:21:58	3:32:41
264	46	Charles Larsson	Newcastle AC	M 35-39	260	1:05:45	271	2:06:41	271	0:29:03	3:41:29
265	2	Joy Dale	Black Country Triathletes	F 45-49	291	1:13:50	273	2:07:53	228	0:20:25	3:42:08
266	3	Preston Grundy	Dudley & Kingswinford RC	M 60-64	290	1:13:48	272	2:07:53	230	0:20:27	3:42:08
267	1	Kevin Robinson		M 70-74	289	1:13:02	270	2:05:46	270	0:29:02	3:47:50
268	31	Colin Hewick	Barracuda Tri	M 45-49	295	1:19:40	269	2:05:08	263	0:25:56	3:50:44
269	32	Steve Tatem	Derby Tri Club	M 45-49	293	1:17:46	268	2:04:24	272	0:29:18	3:51:28
270	10	Richard Davies	Brecon Multisport	M 50-54	294	1:19:10	274	2:07:55	268	0:27:43	3:54:48
271	14	Allan Barley	Essex Police Tri	M 55-59	296	1:25:43	275	2:09:16	260	0:23:15	3:58:14
272	7	Daniel Patten		M 20-24	269	1:07:55		DNF		DNF	DNF
273	23	Graeme Knott	Harwich Runners	M 25-29	39	0:48:12		DNF		DNF	DNF
274	25	Jonathan Metcalfe		M 25-29	76	0:51:22		DNF		DNF	DNF
275	24	Philip Kaisary	Oxford Tri	M 25-29	201	1:00:01		DNF		DNF	DNF
276	43	Johnny Stephens	Worcester Tri Club	M 30-34	48	0:48:59	44	1:17:11		DNF	DNF
277	44	Brendon McMahon		M 30-34	236	1:02:33		DNF		DNF	DNF
278	42	Ron Neil	Met Police Tri Club	M 30-34	275	1:08:58		DNF		DNF	DNF
279	49	Nick Thomas	Manchester Triathlon Club	M 35-39	47	0:48:58		DNF		DNF	DNF
280	47	Mike Hewick	Barracuda Tri	M 35-39	212	1:00:37		DNF		DNF	DNF
281	48	Andy Pennington		M 35-39	272	1:08:08		DNF		DNF	DNF
283	41	Gary Blesson	Z Tri	M 40-44	34	0:47:53		DNF		DNF	DNF