

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|------------|-----------|----------|------------------------------------|-----|----------|-----|----------|-----|----------|----------|
| 1 | Andy | Tarry | M Vet | Ceepo TFN RT | 1 | 00:15:32 | 2 | 00:43:46 | 1 | 00:17:10 | 01:16:28 |
| 2 | James | Ratcliffe | M Senior | Ceepo TFN RT | 3 | 00:15:35 | 1 | 00:43:35 | 3 | 00:17:28 | 01:16:38 |
| 3 | Joel | Jameson | M Senior | Ceepo TFN RT | 2 | 00:15:33 | 3 | 00:44:48 | 4 | 00:17:39 | 01:18:00 |
| 4 | Lawrence | Fanous | M Senior | Ceepo TFN RT | 5 | 00:15:53 | 4 | 00:45:07 | 2 | 00:17:28 | 01:18:28 |
| 5 | Mark | Couldwell | M Senior | Ceepo TFN RT | 6 | 00:15:56 | 7 | 00:46:45 | 5 | 00:17:47 | 01:20:28 |
| 6 | Rich | Sumpter | M Senior | La Bicicleta | 10 | 00:16:29 | 5 | 00:46:09 | 7 | 00:18:13 | 01:20:51 |
| 7 | Julian | Lings | M Senior | Sheffield Tri Club | 8 | 00:16:22 | 8 | 00:46:46 | 11 | 00:18:58 | 01:22:06 |
| 8 | James | Turner | M Senior | Team Chaserace/Bridgtown Cycles | 18 | 00:17:29 | 6 | 00:46:29 | 17 | 00:19:32 | 01:23:30 |
| 9 | Steve | Penney | M Senior | Sheffield Tri Club | 7 | 00:16:20 | 16 | 00:48:34 | 9 | 00:18:42 | 01:23:36 |
| 10 | Karl | Webster | M Vet | Matlock CC | 16 | 00:17:28 | 14 | 00:48:29 | 6 | 00:18:05 | 01:24:02 |
| 11 | Simon | George | M Senior | Lincoln Tri | 14 | 00:17:12 | 10 | 00:47:33 | 21 | 00:19:41 | 01:24:26 |
| 12 | Mark | Skelton | M Vet | Derby Tri Club | 23 | 00:17:49 | 12 | 00:48:08 | 12 | 00:19:02 | 01:24:59 |
| 13 | Daniel | Anderton | M Senior | BRAT | 13 | 00:16:56 | 21 | 00:49:24 | 14 | 00:19:11 | 01:25:31 |
| 14 | Matthew | Groves | M Vet | Slippery Eels | 24 | 00:17:58 | 11 | 00:47:42 | 24 | 00:19:52 | 01:25:32 |
| 15 | Robert | Harvey | M Senior | Manchester Tri | 20 | 00:17:40 | 22 | 00:49:26 | 19 | 00:19:39 | 01:26:45 |
| 16 | Jimmy | McMahon | M Senior | Ceepo TFN RT | 22 | 00:17:47 | 19 | 00:49:05 | 28 | 00:20:02 | 01:26:54 |
| 17 | Stewart | Bates | M Senior | TFN Tri Club | 19 | 00:17:31 | 24 | 00:49:59 | 23 | 00:19:43 | 01:27:13 |
| 18 | Michael | Cheetham | M Senior | BRAT | 21 | 00:17:41 | 25 | 00:50:02 | 20 | 00:19:40 | 01:27:23 |
| 19 | Phil | Malt | M Vet | lincoln tri | 25 | 00:17:58 | 17 | 00:48:43 | 38 | 00:20:43 | 01:27:24 |
| 20 | Chris | Metcalfe | M Senior | Matlock CC | 39 | 00:18:30 | 9 | 00:46:50 | 74 | 00:22:18 | 01:27:38 |
| 21 | Adam | Darke | M Senior | BRAT | 37 | 00:18:25 | 15 | 00:48:29 | 47 | 00:21:03 | 01:27:57 |
| 22 | Mat | Ivings | M Senior | High Peak Tri Club | 52 | 00:19:00 | 13 | 00:48:24 | 46 | 00:20:57 | 01:28:21 |
| 23 | Andy | Thornton | M Senior | Derby Tri Club | 32 | 00:18:10 | 23 | 00:49:33 | 37 | 00:20:43 | 01:28:26 |
| 24 | Mark | Vardy | M Senior | | 9 | 00:16:28 | 43 | 00:53:01 | 10 | 00:18:58 | 01:28:27 |
| 25 | John | Pope | M Vet | Ceepo TFN RT | 26 | 00:17:58 | 30 | 00:50:42 | 27 | 00:20:01 | 01:28:41 |
| 26 | Lou | Collins | F Senior | Ceepo TFN RT | 40 | 00:18:31 | 26 | 00:50:21 | 25 | 00:19:55 | 01:28:47 |
| 27 | Steve | Emerton | M Senior | Derby Tri Club | 30 | 00:18:02 | 28 | 00:50:36 | 33 | 00:20:38 | 01:29:16 |
| 28 | Mark | Jacobi | M Vet | Rutland CC | 85 | 00:19:53 | 20 | 00:49:20 | 41 | 00:20:47 | 01:30:00 |
| 29 | Kelechi | Ugonna | M Senior | | 4 | 00:15:50 | 55 | 00:54:34 | 22 | 00:19:43 | 01:30:07 |
| 30 | Lee | Perkins | M Senior | Heanor RC | 15 | 00:17:18 | 41 | 00:52:50 | 31 | 00:20:26 | 01:30:34 |
| 32 | Wayne | Moore | M Vet | | 83 | 00:19:51 | 18 | 00:48:56 | 68 | 00:22:04 | 01:30:51 |
| 31 | Ian | Smith | M Vet | Newcastle (Staffs)Tri Club | 31 | 00:18:10 | 45 | 00:53:15 | 16 | 00:19:26 | 01:30:51 |
| 33 | Andrew | Southall | M Vet | Black Country Triathletes | 78 | 00:19:40 | 27 | 00:50:32 | 45 | 00:20:56 | 01:31:08 |
| 34 | Louise | Kelly | F Senior | City of Lancaster Triathlon (COLT) | 34 | 00:18:19 | 49 | 00:53:41 | 15 | 00:19:19 | 01:31:19 |
| 35 | Brian | Swindell | M S Vet | Derby Tri Club | 27 | 00:17:58 | 44 | 00:53:10 | 39 | 00:20:43 | 01:31:51 |
| 36 | Darren | Ridout | M Senior | Heanor RC | 12 | 00:16:52 | 71 | 00:56:10 | 13 | 00:19:07 | 01:32:09 |
| 37 | Christine | Howard | F Senior | Matlock CC | 28 | 00:17:58 | 56 | 00:54:38 | 18 | 00:19:37 | 01:32:13 |

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|------------|-------------|----------|----------------------------|-----|----------|-----|----------|-----|----------|----------|
| 38 | Alex | Mead | M Senior | | 56 | 00:19:04 | 35 | 00:52:17 | 48 | 00:21:05 | 01:32:26 |
| 39 | Alexander | Hall | M Senior | TFN Tri Club | 74 | 00:19:36 | 32 | 00:52:12 | 35 | 00:20:42 | 01:32:30 |
| 40 | Russell | Atkinson | M Senior | Sheffield Tri Club | 42 | 00:18:40 | 46 | 00:53:17 | 36 | 00:20:43 | 01:32:40 |
| 41 | Greg | Cherry | M Senior | | 47 | 00:18:46 | 38 | 00:52:40 | 54 | 00:21:20 | 01:32:46 |
| 42 | Peter | Barnes | M Vet | | 71 | 00:19:30 | 40 | 00:52:44 | 34 | 00:20:39 | 01:32:53 |
| 43 | Colin | Arden | M Senior | | 33 | 00:18:17 | 50 | 00:53:51 | 44 | 00:20:53 | 01:33:01 |
| 44 | James | Ward | M Vet | Derby AC | 17 | 00:17:28 | 84 | 00:57:12 | 8 | 00:18:35 | 01:33:15 |
| 45 | Simon | Austin | M Vet | Sheffield Tri Club | 53 | 00:19:00 | 36 | 00:52:32 | 80 | 00:22:27 | 01:33:59 |
| 46 | Richard | James | M Senior | Newcastle (Staffs)Tri Club | 46 | 00:18:44 | 48 | 00:53:31 | 60 | 00:21:45 | 01:34:00 |
| 47 | Ewan | Davidson | M Senior | | 49 | 00:18:54 | 42 | 00:52:55 | 77 | 00:22:22 | 01:34:11 |
| 48 | Paul | West | M Senior | | 61 | 00:19:21 | 29 | 00:50:42 | 125 | 00:24:09 | 01:34:12 |
| 49 | Roger | Spencer | M Senior | | 38 | 00:18:27 | 57 | 00:54:45 | 50 | 00:21:10 | 01:34:22 |
| 50 | Henry | Partridge | M Senior | Absolute Triathlon Club | 50 | 00:18:57 | 34 | 00:52:14 | 120 | 00:23:59 | 01:35:10 |
| 51 | John | Bullock | M Vet | Derby Tri Club | 72 | 00:19:30 | 31 | 00:51:55 | 122 | 00:24:02 | 01:35:27 |
| 52 | Alison | Bagnall | F Vet | SPIUK | 73 | 00:19:30 | | Bike/run | | 01:16:03 | 01:35:33 |
| 53 | Simon | Neumann | M Senior | | 55 | 00:19:02 | 59 | 00:55:08 | 56 | 00:21:31 | 01:35:41 |
| 54 | Martin | Rogers | M Senior | | 29 | 00:18:01 | 83 | 00:57:03 | 40 | 00:20:46 | 01:35:50 |
| 55 | Matthew | Hemsley | M Senior | TFN Tri Club | 69 | 00:19:27 | 58 | 00:55:00 | 57 | 00:21:41 | 01:36:08 |
| 57 | Hayden | Smedley | M Senior | Derby Tri Club | 98 | 00:20:17 | 33 | 00:52:12 | 116 | 00:23:49 | 01:36:18 |
| 56 | David | Cook | M Senior | | 58 | 00:19:10 | 53 | 00:54:21 | 87 | 00:22:47 | 01:36:18 |
| 59 | David | Lemon | M Vet | | 54 | 00:19:00 | 73 | 00:56:14 | 52 | 00:21:16 | 01:36:30 |
| 58 | Jennifer | Cheetham | F Senior | BRAT | 43 | 00:18:41 | 93 | 00:57:51 | 26 | 00:19:58 | 01:36:30 |
| 60 | Danny | Evans | M Senior | Derby Tri Club | 44 | 00:18:42 | 68 | 00:56:00 | 65 | 00:21:58 | 01:36:40 |
| 61 | Mark | Morgan | M Vet | Coalville Wheelers | 62 | 00:19:21 | 65 | 00:55:45 | 64 | 00:21:57 | 01:37:03 |
| 62 | David | Liddall | M Senior | | 84 | 00:19:52 | 63 | 00:55:33 | 69 | 00:22:04 | 01:37:29 |
| 63 | Paul | Blackshaw | M Vet | | 45 | 00:18:43 | 99 | 00:58:27 | 30 | 00:20:24 | 01:37:34 |
| 64 | Grant | McKinlay | M Senior | Meynell Valley Hunters | 60 | 00:19:15 | 95 | 00:58:19 | 29 | 00:20:11 | 01:37:45 |
| 65 | David | Thomas | M Senior | | 75 | 00:19:36 | 52 | 00:54:12 | 119 | 00:23:58 | 01:37:46 |
| 66 | Brian | Martin | M S Vet | RICHMOND CC | 95 | 00:20:14 | 60 | 00:55:24 | 73 | 00:22:18 | 01:37:56 |
| 67 | Josh | Southall | M Senior | Black Country Triathletes | 76 | 00:19:36 | 69 | 00:56:04 | 76 | 00:22:20 | 01:38:00 |
| 68 | Stephen | Aspey | M Vet | | 122 | 00:21:09 | 54 | 00:54:24 | 81 | 00:22:29 | 01:38:02 |
| 69 | Ken | Jeffery | M Vet | | 63 | 00:19:21 | 79 | 00:56:42 | 71 | 00:22:13 | 01:38:16 |
| 70 | Paul | Marval | M Senior | | 51 | 00:18:57 | 89 | 00:57:34 | 61 | 00:21:47 | 01:38:18 |
| 71 | Darren | Bunker | M Vet | Sheffield Tri Club | 79 | 00:19:40 | 77 | 00:56:28 | 72 | 00:22:16 | 01:38:24 |
| 72 | Andy | Fairbrother | M Senior | TFN Tri Club | 99 | 00:20:17 | 75 | 00:56:23 | 66 | 00:22:00 | 01:38:40 |
| 74 | Dave | Eggington | M S Vet | Black Country Triathletes | 132 | 00:21:36 | 39 | 00:52:44 | 134 | 00:24:34 | 01:38:54 |
| 73 | Helen | Cawthorne | F Vet | Ceepo TFN RT | 96 | 00:20:14 | 88 | 00:57:30 | 49 | 00:21:10 | 01:38:54 |

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|------------|------------|----------|-------------------------|-----|----------|-----|----------|-----|----------|----------|
| 75 | Matthew | Ellis | M Senior | | 90 | 00:20:05 | 61 | 00:55:25 | 104 | 00:23:25 | 01:38:55 |
| 76 | David | Ridding | M Senior | | 70 | 00:19:27 | 81 | 00:56:56 | 83 | 00:22:37 | 01:39:00 |
| 78 | Michael | McAleer | M Senior | | 41 | 00:18:38 | 100 | 00:58:28 | 79 | 00:22:25 | 01:39:31 |
| 77 | Tom | Sutcliffe | M Senior | | 35 | 00:18:20 | 108 | 00:59:08 | 67 | 00:22:03 | 01:39:31 |
| 79 | Martin | Whelan | M Vet | Derby Tri Club | 80 | 00:19:40 | 90 | 00:57:35 | 78 | 00:22:22 | 01:39:37 |
| 80 | Ian | Hewitt | M Senior | Getting Better | 94 | 00:20:14 | 70 | 00:56:09 | 103 | 00:23:25 | 01:39:48 |
| 81 | Paul | Marsden | M Senior | | 100 | 00:20:17 | 78 | 00:56:30 | 95 | 00:23:03 | 01:39:50 |
| 82 | Adrian | Howlett | M Vet | Derby Tri Club | 114 | 00:20:48 | 87 | 00:57:25 | 59 | 00:21:45 | 01:39:58 |
| 83 | Michael | Gilbride | M Vet | BRAT | 86 | 00:20:03 | 101 | 00:58:41 | 53 | 00:21:17 | 01:40:01 |
| 84 | Nick | Nichol | M Senior | | 77 | 00:19:36 | 85 | 00:57:18 | 98 | 00:23:13 | 01:40:07 |
| 85 | Paul | Smith | M Senior | | 101 | 00:20:17 | 51 | 00:54:00 | 154 | 00:26:01 | 01:40:18 |
| 86 | Adam | Meakin | M Senior | | 57 | 00:19:04 | 109 | 00:59:34 | 58 | 00:21:43 | 01:40:21 |
| 87 | Catherine | Pickthall | F Senior | | 126 | 00:21:23 | 66 | 00:55:54 | 99 | 00:23:16 | 01:40:33 |
| 88 | Sally | Hughes | F Senior | Mansfield Tri Club | 64 | 00:19:21 | 112 | 00:59:45 | 62 | 00:21:52 | 01:40:58 |
| 89 | Simon | Brister | M S Vet | Matlock A C | 104 | 00:20:28 | 47 | 00:53:24 | 173 | 00:27:06 | 01:40:58 |
| 90 | Simon | Broomhead | M Vet | | 139 | 00:21:58 | 80 | 00:56:55 | 70 | 00:22:12 | 01:41:05 |
| 91 | Danny | Rainsford | M Senior | | 91 | 00:20:05 | 92 | 00:57:46 | 101 | 00:23:21 | 01:41:12 |
| 92 | Jon | McAteer | M Vet | | 141 | 00:22:01 | 64 | 00:55:43 | 106 | 00:23:31 | 01:41:15 |
| 93 | George | Wilson | M Senior | Absolute Triathlon Club | 110 | 00:20:43 | 72 | 00:56:13 | 130 | 00:24:25 | 01:41:21 |
| 94 | Andrew | Rowland | M Vet | Sheffield Tri Club | 111 | 00:20:44 | 103 | 00:58:45 | 63 | 00:21:56 | 01:41:25 |
| 95 | Team | Jackobites | relay | | 125 | 00:21:18 | 86 | 00:57:22 | 93 | 00:23:02 | 01:41:42 |
| 96 | Mitchell | Bryan | M Senior | | 92 | 00:20:05 | 82 | 00:56:56 | 141 | 00:24:53 | 01:41:54 |
| 97 | Peter | Shelley | M Senior | | 59 | 00:19:12 | 104 | 00:58:53 | 121 | 00:24:01 | 01:42:06 |
| 98 | John | Mason | M Senior | | 134 | 00:21:43 | 67 | 00:55:59 | 138 | 00:24:44 | 01:42:26 |
| 99 | Mark | Ford | M Vet | | 65 | 00:19:21 | 131 | 01:02:27 | 51 | 00:21:12 | 01:43:00 |
| 101 | Andrew | Shelley | M Senior | | 135 | 00:21:45 | 74 | 00:56:18 | 143 | 00:25:04 | 01:43:07 |
| 100 | Lauren | Bradshaw | F Senior | | 89 | 00:20:04 | 115 | 01:00:18 | 86 | 00:22:45 | 01:43:07 |
| 102 | Al | Churcher | M S Vet | Sheffield Tri Club | 127 | 00:21:23 | 76 | 00:56:27 | 147 | 00:25:21 | 01:43:11 |
| 103 | John | Ackerley | M Senior | | 102 | 00:20:17 | 98 | 00:58:25 | 137 | 00:24:38 | 01:43:20 |
| 104 | Stephen | Clark | M Vet | | 128 | 00:21:23 | 102 | 00:58:44 | 108 | 00:23:33 | 01:43:40 |
| 105 | Jonathan | Bryan | M Vet | | 123 | 00:21:09 | 107 | 00:59:04 | 115 | 00:23:46 | 01:43:59 |
| 106 | Peter | Buttler | M Senior | | 113 | 00:20:47 | 117 | 01:00:33 | 84 | 00:22:40 | 01:44:00 |
| 107 | Robert | Hill | M Vet | Clifton CC | 137 | 00:21:48 | 106 | 00:59:00 | 111 | 00:23:38 | 01:44:26 |
| 108 | Daniel | Watson | M Senior | | 152 | 00:22:14 | 62 | 00:55:29 | 169 | 00:26:46 | 01:44:29 |
| 109 | Mark | Pudner | M Vet | | 143 | 00:22:07 | 105 | 00:58:55 | 114 | 00:23:41 | 01:44:43 |
| 110 | Alex | Pawlitla | M Senior | | 66 | 00:19:21 | 133 | 01:02:30 | 89 | 00:22:55 | 01:44:46 |
| 111 | Melanie | Brigden | F Vet | Meynell Valley Hunters | 144 | 00:22:07 | 97 | 00:58:23 | 133 | 00:24:27 | 01:44:57 |

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|-------------|------------|----------|----------------------------|-----|----------|-----|----------|-----|----------|----------|
| 112 | Paul | Bates | M Senior | Derby AC | 124 | 00:21:12 | 119 | 01:00:38 | 97 | 00:23:09 | 01:44:59 |
| 113 | Peter | Richardson | M Senior | | 82 | 00:19:44 | 125 | 01:01:50 | 110 | 00:23:37 | 01:45:11 |
| 114 | Andrew | Prichard | M Vet | | 129 | 00:21:23 | 114 | 01:00:00 | 117 | 00:23:49 | 01:45:12 |
| 115 | Simon | Rolfs | M Senior | Derby Tri Club | 67 | 00:19:21 | 156 | 01:05:26 | 32 | 00:20:29 | 01:45:16 |
| 116 | Adam | Cox | M Senior | | 138 | 00:21:48 | 111 | 00:59:40 | 118 | 00:23:54 | 01:45:22 |
| 117 | Neil | Smith | M Senior | | 131 | 00:21:24 | 118 | 01:00:34 | 107 | 00:23:32 | 01:45:30 |
| 118 | Christopher | Jones | M Senior | | 81 | 00:19:42 | 128 | 01:02:09 | 126 | 00:24:12 | 01:46:03 |
| 119 | Kevin | Goodwin | M Senior | Sheffield Tri Club | 116 | 00:21:04 | 136 | 01:02:33 | 82 | 00:22:36 | 01:46:13 |
| 120 | Gareth | Hunt | M Senior | Sheffield Tri Club | 151 | 00:22:08 | 120 | 01:00:45 | 100 | 00:23:21 | 01:46:14 |
| 121 | Andrew | Marriott | M Senior | | 136 | 00:21:46 | 110 | 00:59:34 | 144 | 00:25:05 | 01:46:25 |
| 122 | Alistair | Cogill | M Senior | | 103 | 00:20:17 | 140 | 01:02:42 | 113 | 00:23:41 | 01:46:40 |
| 123 | Elizabeth | Kooper | F Senior | South Yorkshire Police | 115 | 00:21:00 | 37 | 00:52:37 | 200 | 00:33:24 | 01:47:01 |
| 125 | Glyn | Jones | M Vet | | 97 | 00:20:14 | 139 | 01:02:40 | 131 | 00:24:26 | 01:47:20 |
| 124 | Celia | Naylor | F Senior | | 112 | 00:20:46 | 153 | 01:05:12 | 55 | 00:21:22 | 01:47:20 |
| 126 | Simon | Kirk | M Vet | | 165 | 00:23:07 | 94 | 00:58:18 | 160 | 00:26:13 | 01:47:38 |
| 127 | Chris | Whawell | M Vet | | 140 | 00:21:58 | 127 | 01:02:07 | 109 | 00:23:35 | 01:47:40 |
| 128 | Jeff | Slinn | M Vet | Mercia Cycling Club | 117 | 00:21:06 | 123 | 01:01:27 | 148 | 00:25:22 | 01:47:55 |
| 129 | Pete | Bates | M Vet | Royal Mail Sheffield RC | 145 | 00:22:07 | 113 | 00:59:47 | 155 | 00:26:03 | 01:47:57 |
| 130 | Ian | Smith | M Senior | | 178 | 00:23:58 | 91 | 00:57:36 | 170 | 00:26:47 | 01:48:21 |
| 131 | Shu | Tachibana | M Vet | | 87 | 00:20:03 | 158 | 01:05:41 | 90 | 00:22:56 | 01:48:40 |
| 132 | Philip | Harries | M Vet | Derby Athletic Club | 169 | 00:23:17 | 122 | 01:01:25 | 124 | 00:24:06 | 01:48:48 |
| 133 | Adam | Hill | M Senior | | 154 | 00:22:22 | 142 | 01:02:53 | 112 | 00:23:41 | 01:48:56 |
| 134 | Ruth | Harris | F Senior | Sheffield Tri Club | 174 | 00:23:37 | 116 | 01:00:18 | 145 | 00:25:12 | 01:49:07 |
| 135 | Michael | Curran | M S Vet | Mid Shropshire Wheelers | 146 | 00:22:07 | 124 | 01:01:34 | 149 | 00:25:31 | 01:49:12 |
| 136 | Helen | Scott | F Senior | Mansfield Tri Club | 118 | 00:21:06 | 152 | 01:05:07 | 96 | 00:23:04 | 01:49:17 |
| 137 | David | Shaw | M Vet | | 159 | 00:22:28 | 137 | 01:02:34 | 128 | 00:24:22 | 01:49:24 |
| 138 | Stuart | Gold | M Senior | | 163 | 00:22:54 | 134 | 01:02:31 | 123 | 00:24:05 | 01:49:30 |
| 139 | Jason | Toft | M Senior | | 155 | 00:22:22 | 143 | 01:02:57 | 129 | 00:24:24 | 01:49:43 |
| 140 | Daron | Windle | M Vet | Telford Harriers Tri | 160 | 00:22:28 | 126 | 01:02:02 | 146 | 00:25:14 | 01:49:44 |
| 141 | Andrew | Vickers | M Vet | Meynell Valley Hunters | 119 | 00:21:06 | 159 | 01:05:51 | 92 | 00:22:57 | 01:49:54 |
| 142 | Samantha | Johns | F Vet | Meynell Valley Hunters | 147 | 00:22:07 | 144 | 01:03:33 | 135 | 00:24:34 | 01:50:14 |
| 144 | Martin | Carroll | M Vet | | 148 | 00:22:07 | 130 | 01:02:24 | 153 | 00:25:58 | 01:50:29 |
| 143 | Amy | Wales | F Senior | | 107 | 00:20:40 | 162 | 01:06:20 | 105 | 00:23:29 | 01:50:29 |
| 145 | Andrea | Muirhead | F Senior | | 120 | 00:21:06 | 154 | 01:05:14 | 132 | 00:24:26 | 01:50:46 |
| 146 | Neil | O'Brien | M Senior | Manchester Tri | 167 | 00:23:12 | 129 | 01:02:18 | 150 | 00:25:31 | 01:51:01 |
| 147 | Sarah | Rhodes | F Senior | Newcastle (Staffs)Tri Club | 162 | 00:22:52 | 150 | 01:04:48 | 127 | 00:24:20 | 01:52:00 |
| 148 | Thomas | Curtis | M Senior | | 214 | 00:40:14 | | bike/run | | 01:11:55 | 01:52:09 |

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|------------|---------------|----------|----------------------------|-----|----------|-----|----------|-----|----------|----------|
| 149 | Mike | Bradley | M Vet | Matlock CC | 176 | 00:23:51 | 121 | 01:01:14 | 177 | 00:27:18 | 01:52:23 |
| 150 | Phil | Sower | M Senior | | 93 | 00:20:05 | 172 | 01:09:30 | 94 | 00:23:03 | 01:52:38 |
| 151 | Dave | Acklam | M Vet | Derby Tri Club | 177 | 00:23:56 | 146 | 01:04:09 | 136 | 00:24:35 | 01:52:40 |
| 153 | Lorna | Magowan | F Vet | TFN Tri Club | 171 | 00:23:24 | 141 | 01:02:43 | 165 | 00:26:36 | 01:52:43 |
| 152 | Ali | Whawell | F Vet | | 161 | 00:22:34 | 151 | 01:05:06 | 142 | 00:25:03 | 01:52:43 |
| 154 | Dave | Mackay | M Vet | | 189 | 00:24:46 | 138 | 01:02:39 | 151 | 00:25:44 | 01:53:09 |
| 155 | Shane | Kent | M Senior | | 106 | 00:20:38 | 174 | 01:09:54 | 88 | 00:22:50 | 01:53:22 |
| 156 | Steve | Main | M Senior | | 105 | 00:20:32 | 175 | 01:09:59 | 91 | 00:22:57 | 01:53:28 |
| 157 | Giles | Brown | M Senior | | 187 | 00:24:36 | 147 | 01:04:32 | 140 | 00:24:51 | 01:53:59 |
| 158 | Craig | Rush | M Senior | Sheffield Tri Club | 191 | 00:25:25 | 135 | 01:02:31 | 164 | 00:26:25 | 01:54:21 |
| 159 | Paul | Nightingale | M Vet | Meynell Valley Hunters | 192 | 00:25:26 | 132 | 01:02:28 | 166 | 00:26:36 | 01:54:30 |
| 160 | Chris | Goodall | M Vet | | 149 | 00:22:07 | 160 | 01:06:08 | 167 | 00:26:39 | 01:54:54 |
| 161 | Jim | Londesborough | M Vet | Hatton Darts RC | 48 | 00:18:49 | 190 | 01:15:35 | 43 | 00:20:50 | 01:55:14 |
| 162 | Alexandra | Cave | F Senior | | 175 | 00:23:47 | 148 | 01:04:46 | 174 | 00:27:08 | 01:55:41 |
| 163 | Jean | Turner | F Vet | Telford Harriers Tri | 133 | 00:21:42 | 182 | 01:10:51 | 102 | 00:23:22 | 01:55:55 |
| 165 | Matt | Naylor | M Senior | | 156 | 00:22:22 | 161 | 01:06:09 | 181 | 00:27:34 | 01:56:05 |
| 164 | Team | Mitchell | relay | | 153 | 00:22:20 | 183 | 01:11:26 | 75 | 00:22:19 | 01:56:05 |
| 166 | Alan | Collyer | M Vet | | 193 | 00:25:26 | 155 | 01:05:15 | 172 | 00:26:58 | 01:57:39 |
| 167 | Jenny | Allen | F Senior | | 168 | 00:23:12 | 168 | 01:08:36 | 152 | 00:25:56 | 01:57:44 |
| 168 | Sean | Nugent | M Vet | | 142 | 00:22:01 | 173 | 01:09:50 | 159 | 00:26:09 | 01:58:00 |
| 169 | Barry | Hallam | M Vet | | 184 | 00:24:24 | 166 | 01:07:25 | 162 | 00:26:23 | 01:58:12 |
| 170 | Ross | Clarke | M Senior | | 188 | 00:24:41 | 167 | 01:07:45 | 156 | 00:26:04 | 01:58:30 |
| 171 | Allan | McKeown | M Senior | | 202 | 00:26:10 | 149 | 01:04:46 | 182 | 00:27:35 | 01:58:31 |
| 172 | Stephen | Stoddard | M Senior | | 190 | 00:24:58 | 163 | 01:06:38 | 175 | 00:27:13 | 01:58:49 |
| 173 | Catherine | Ruffle | F Senior | | 179 | 00:24:04 | 170 | 01:08:56 | 171 | 00:26:55 | 01:59:55 |
| 174 | Maddy | Collinge | F S Vet | Mansfield Harriers and AC | 173 | 00:23:34 | 178 | 01:10:18 | 158 | 00:26:07 | 01:59:59 |
| 175 | Dave | Ward | M Senior | | 194 | 00:25:36 | 165 | 01:07:12 | 176 | 00:27:13 | 02:00:01 |
| 176 | Mel | Sims | F Vet | | 200 | 00:25:59 | 164 | 01:06:45 | 178 | 00:27:22 | 02:00:06 |
| 177 | Simon | Concar | M Senior | | 182 | 00:24:11 | 180 | 01:10:39 | 163 | 00:26:24 | 02:01:14 |
| 178 | Ema | Swingwood | F Senior | | 150 | 00:22:07 | 189 | 01:14:30 | 139 | 00:24:44 | 02:01:21 |
| 179 | Maurice | Needoff | M S Vet | | 209 | 00:27:11 | 157 | 01:05:28 | 190 | 00:29:05 | 02:01:44 |
| 180 | Adam | Troughton | M Senior | | 164 | 00:22:59 | 186 | 01:12:59 | 161 | 00:26:21 | 02:02:19 |
| 181 | Tony | Bray | M S Vet | | 180 | 00:24:04 | 185 | 01:12:27 | 157 | 00:26:05 | 02:02:36 |
| 182 | Adrian | Davies | M Senior | | 157 | 00:22:22 | 145 | 01:04:04 | 201 | 00:36:45 | 02:03:11 |
| 183 | Adam | Harries | M Senior | Derby Tri Club | 211 | 00:28:24 | 96 | 00:58:22 | 202 | 00:36:51 | 02:03:37 |
| 184 | Seamus | Allison | M Vet | Mansfield Tri Club | 185 | 00:24:32 | 176 | 01:10:04 | 189 | 00:29:04 | 02:03:40 |
| 185 | Helen | Hall | F Vet | Newcastle (Staffs)Tri Club | 204 | 00:26:30 | 171 | 01:09:20 | 184 | 00:28:10 | 02:04:00 |

CARSINGTON DUATHLON 09

5K run - 30K bike - 5K run

| Pos | First Name | Surname | Cat | Club/association | Pos | Run1 | Pos | Bike | Pos | Run 2 | Finish |
|-----|-------------|--------------|----------|---------------------------|-----|----------|-----|----------|-----|----------|----------|
| 186 | David | Brockhurst | M S Vet | The Bulwell Academy | 172 | 00:23:27 | 187 | 01:13:18 | 179 | 00:27:25 | 02:04:10 |
| 187 | Team | Barton Buses | relay | | 166 | 00:23:07 | 179 | 01:10:23 | 195 | 00:30:42 | 02:04:12 |
| 188 | Ross | Frisby | M Senior | | 170 | 00:23:23 | 188 | 01:14:23 | 168 | 00:26:46 | 02:04:32 |
| 189 | Matthew | Linney | M Senior | | 207 | 00:26:45 | 184 | 01:11:49 | 185 | 00:28:30 | 02:07:04 |
| 190 | Craig | Young | M Senior | Totlely AC | 195 | 00:25:38 | 177 | 01:10:05 | 197 | 00:31:27 | 02:07:10 |
| 191 | Simon | Colton | M Senior | | 203 | 00:26:23 | 181 | 01:10:46 | 196 | 00:30:46 | 02:07:55 |
| 192 | Andras | Koczor | M S Vet | | 208 | 00:27:08 | 169 | 01:08:51 | 199 | 00:32:08 | 02:08:07 |
| 193 | David | Fearn | M Senior | | 68 | 00:19:21 | 202 | 01:28:52 | 42 | 00:20:50 | 02:09:03 |
| 195 | Miles | Hallam | M Vet | | 199 | 00:25:54 | 191 | 01:16:00 | 194 | 00:29:45 | 02:11:39 |
| 194 | Chris | Whale | M Senior | | 198 | 00:25:52 | 192 | 01:16:02 | 193 | 00:29:45 | 02:11:39 |
| 196 | Paul | Harrison | M Senior | | 186 | 00:24:34 | 195 | 01:18:37 | 187 | 00:28:49 | 02:12:00 |
| 197 | Andrew | McAleer | M Senior | | 197 | 00:25:50 | 196 | 01:18:53 | 183 | 00:27:58 | 02:12:41 |
| 198 | Anthea | Lea | F Vet | | 201 | 00:26:08 | 194 | 01:18:30 | 191 | 00:29:25 | 02:14:03 |
| 199 | Sally | Smith | F S Vet | Racing TNT | 205 | 00:26:41 | 197 | 01:18:59 | 192 | 00:29:31 | 02:15:11 |
| 200 | Niall | Patterson | M Senior | | 206 | 00:26:44 | 193 | 01:16:50 | 198 | 00:31:38 | 02:15:12 |
| 201 | Christine | Fell | F Vet | | 183 | 00:24:23 | 200 | 01:25:02 | 180 | 00:27:33 | 02:16:58 |
| 202 | Kevin | Shakesheff | M Vet | | 181 | 00:24:08 | 199 | 01:24:23 | 186 | 00:28:47 | 02:17:18 |
| 203 | Catherine | Ostler | F Vet | | 130 | 00:21:23 | 204 | 01:34:37 | 85 | 00:22:45 | 02:18:45 |
| 204 | Jonathan | Clements | M Senior | | 196 | 00:25:40 | 203 | 01:31:45 | 188 | 00:28:52 | 02:26:17 |
| 205 | Kevan | McGhee | M Vet | | 213 | 00:33:19 | 198 | 01:22:06 | 203 | 00:37:23 | 02:32:48 |
| 206 | Russell | Taylor | M Senior | | 212 | 00:30:55 | 201 | 01:26:34 | 204 | 00:44:21 | 02:41:50 |
| 207 | David | Bishop | M Senior | Ceepo TFN RT | 11 | 00:16:42 | | DNF | | DNF | DNF |
| | Fraser | Poole | M Senior | | 36 | 00:18:20 | | DNF | | DNF | DNF |
| | Stuart | Anderson | M Vet | Mid Sussex Triathlon Club | 108 | 00:20:40 | | DNF | | DNF | DNF |
| | Hannah | Wragg | F Senior | Absolute Triathlon Club | 109 | 00:20:42 | | DNF | | DNF | DNF |
| | Martin | Lahert | M Vet | | 121 | 00:21:06 | | DNF | | DNF | DNF |
| | Christopher | Hughes | M Senior | | 158 | 00:22:22 | | DNF | | DNF | DNF |
| | Simon | Lister | M Senior | | 210 | 00:27:22 | | DNF | | DNF | DNF |
| | Sarah | Bowen | F Senior | Meynell Valley Hunters | 88 | 00:20:03 | | DNF | | DNF | DNF |